

ANDES WORLD TRAVEL

GEAR LIST: ECU-30

Chimborazo Climb (6312 m)

Mountains in Ecuador are not as cold as other places, because of their geographical location along the tropical belt. Nevertheless, the weather can be quite unpredictable and changeable, and it can suddenly rain or snow quite hard. Therefore, it is advisable to be prepared for such conditions.

The mountain guide will provide the group equipment which includes: Rope, snow stakes, ice screws (where it applies), technical security gear (as carabiners, etc.), first aid kit, GPS and Communication system.

For this specific program, we advise the following gear for each person:

GEAR CHECKLIST

Headwear:

- Sun Cap/hat
- Warm hat
- High quality glacier sunglasses with 100% UV protection (spectra/spectrum 4 or 5, appropriate for mountaineering activities – JULBO, CEBE, etc.). Make sure no light is filtrating in between the frame and your face)

Clothing:

- 1st layer – long-sleeved shirts: Polypropylene, Capilene, Merino wool (Try to avoid cotton or cotton blend) for the day's activities, cold nights and summits days
- 1st layer – long johns pants: Polypropylene, Capilene, Merino wool (Try to avoid cotton or cotton blend) for cold nights and summits days
- 2nd layer - Fleece jacket/Soft-shell like Polartec, Schoeller, Fleece, etc. (recommended: comfortable, insulating and wind/water resistant).
- 2nd layer – Trekking pants/Soft shell (preferably wind proof like Polartec Wind-pro, Schoeller, etc. (recommended: comfortable, insulating and wind/water resistant).
- 2nd layer - Fleece pant for extra cold nights/summits (optional)
- 3rd layer – Hard Shell Waterproof jacket (Gore-Tex or similar)
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- 4th layer - Optional Down/fiber jacket if you freeze easily (For huts/campsites/summit days)



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Hand protection:

- 1st layer – Gloves: Fleece/polar
- 1st layer – Inner liner gloves: Fleece/wool/Polypropylene for cold summit days
- 2nd layer – Mountain gloves/mittens: Thick Polar Fleece/down (Hard shell water and wind proof) – Mittens are the warmest solution
- 2nd or 3rd layer - Glove covers that are wind and waterproof! Only if using separate layers

Footwear:

- Sandals/Crocs/Light shoes for campsites (1 pair)
- 1st layer – Inner socks: wool/Polypropylene (2 pairs minimum in case one pair gets wet)
- 2nd layer – Trekking socks (2 pairs minimum in case one pair gets wet)
- 2nd or 3rd layer - Thick mountain wool socks cold/summit days: Smart wool type (1 pair)
- Trekking boots/shoes that are warm and above all waterproof (Gore-Tex type)
- Option 1 - Climbing boots: Very important to have warm boot for the climbs, as the mountains in Ecuador, can be very cold in the early morning. These are the best brands for such climbs: La Sportiva "Spantik", La Sportiva "Baruntse", Scarpa "Vega" with extra warm inner boot, Scarpa "Phantom 7000", Scarpa "Phantom Guide" or similar.
- Option 2 - Climbing/ trekking boot that can be used for both activities. Important that they are warm and above all waterproof. The best and most flexible solution for this type of summits are: Scarpa Mantra, Scarpa "Phantom 7000", Scarpa "Phantom Guide", La Sportiva Nepal Top or similar.

Backpack:

- Daypack for the acclimatization hikes and summit climbs (30 to 40 liter)
- Duffel/bag to store extra equipment at lodging places
- Stuff bags for keeping order (optional)

Hydration & food:

- Hydration system as a Camel/platypus bag or bottle (Nalgene) – 2 liters minimum
- Insulated bottle or pack for the hydration system for summit day (only for cold trips)
- Energy bars or gels (It is better buy them in your home country)



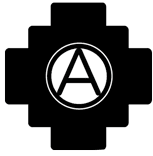
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General:

- Important!** Printed insurance and insurance emergency contact information plus family contact details (we have a copy, but always have an extra one, just in case).
- Important!** Passport original and a copy of it
- Important!** We always recommend having water-purifying pills with you. The cook and guide will make sure all water supplied is boiled before hand, but better to be on the safe side.
- Sun screen (High factor 50+)
- Lips sun protector (high factor 30+)
- Personal toiletries: Toothbrush, toothpaste, dental floss, pack towel, soap (organic and/or biodegradable), comb/hairbrush, toilet paper, ear plugs, hand sanitizers (must) and handy-wipes.
- Personal First Aid Kit - basic kit with some painkillers, diarrhea medicine, headache pills and bandages for personal use
- Personal prescription medicine if needed, be sure to have it with you from home
- Entertainment like books and music
- Camera and extra memory card and batteries

Climbing and trekking gear:

- Ice axe traverse type, not technical with leash (1 piece) – Important to check the appropriate length, see this link: <http://www.rei.com/learn/expert-advice/ice-axe.html>
- Crampons (Make sure they fit your trekking/climbing boots) Recommended semi-automatic type and with anti-balling plate – see link: <http://www.rei.com/learn/expert-advice/crampons-snow-ice-climbing.html>
- Gaiters for rain and snow (light type)
- Alpine harness (light type) see link: <http://www.rei.com/learn/expert-advice/climbing-harness.html>
- Helmet for mountaineering (lightweight and approved for climbing/mountain activities)
- 1 Locking HMS carabiners (screw or automatic locking system)
- 2 Prusik cords (3 meters per 5 mm. or 6 mm)
- Trekking poles (optional) – We advise the use of poles, as they considerably reduce the impact on your knees and help keep balance and support while ascending and descending.
- Headlamp for the climb/trek/campsite (remember that it might be exposed to low temperatures on summit days – do not forget extra batteries, best with Lithium type).



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Camping gear for the mountain huts:

- Sleeping bag down or fiber (- 5 to 10 degrees comfort)

NOTE: For certain trips, weight restrictions apply due to the limitation in porters and loads. Please see the packing information document.

AWT - has the following technical equipment for rent:

- Ice axes
- Crampons
- Harness + carabiners
- Helmets